

Splashdown

Beauty Center & Spa

SPA ACCESS

Wellness path includes indoor hydromassage swimming pool of 40 square meters with bubble massage areas, emotional showers, Finnish sauna, steam bath, relax zone and gym

60 min. € 25,00 / 120 min. € 40,00

MASSAGES

Massage is the oldest form of manual treatment, focused on the wellness of the whole body. Its philosophy is based on the principle that mind and body are a unique thing. Therefore, the manipulation of the body leads the mind to a sensation of fulfillment and serenity, freeing it from the frenzy of the outside world and helping it to regain balance.

BODY

REBALANCING

The gentle and enveloping movements of this special massage and the use of hot oil promote a deep relaxation and at the same time an awakening of vital energies. Suitable for those seeking relief from mental stress:

30 min. € 45,00 / 50 min. € 70,00

DRAINING

Draining massage against fluid retention and swelling, in order to reactivate lymphatic circulation, with essences of juniper and cistus:

30 min. € 55,00 / 50 min. € 80,00

TENSION-RELIEVING

Relaxing massage to release muscle tension, working on deep tissues and painful muscles, with essences of rosemary and lentisk:

30 min. € 55,00 / 50 min. € 80,00

AROMATHERAPY

Aromatherapy massage that uses a clever personalised mix of essential oils, with a blend of Sardinian essential oils:

30 min. € 45,00 / 50 min. € 70,00

FIRMING / SPORTS

Firming sports massage to improve performance, reduce the risks of trauma and speed recovery times, with essences of helichrysum and myrtle:

30 min. € 55,00 / 50 min. € 80,00

HEAD AND FACE

FIRMING

Firming massage to give muscles improved tone and form, reactivate the circulation and shape the face, with essences of helichrysum and myrtle:

30 min. € 45,00

LEGS

DRAINING

Draining massage against fluid retention and swelling, in order to reactivate lymphatic circulation, with essences of juniper and cistus:

30 min. € 45,00

TENSION-RELIEVING

Relaxing massage to release muscle tension, working on deep tissues and painful muscles, with essences of rosemary and lentisk:

30 min. € 45,00

FIRMING

Firming massage to give muscles improved tone and form, reactivate the circulation and shape the legs, with essences of helichrysum and myrtle:

30 min. € 45,00

FEET

PLANTAR REFLEXOLOGY

Foot massage technique based on the principle that every part of our body corresponds to a point on the soles of our feet, with essences of peony and lavender:

30 min. € 45,00

FACIAL RITUALS

The essences and fragrances of our beautiful land will soothe your skin before and after exposure to the sun. Skilled hands will allow the precious essences to go deep through your skin, stimulating the cells and offering an unconditioned wellness to your face and body.

DEEP CLEANSING - Obsidian Helichrysum

Deep cleansing thanks to the helichrysum, gentle exfoliation thanks to the obsidian and above all immediate radiance thanks to the Triple Lemon mask. Ideal for making your skin ready to specific treatments.

30 min. € 40,00

HYDRO-SOOTHING - Hydra Maris

For a visibly soothed and hydrated skin. Thanks to the action of Mediterranean Algae combined with sea-minerals, this treatment is perfect for a deep hydration that will soothe and soften your skin, even after exposure to the sun.

50 min. € 70,00

BRIGHTNESS - Triple Lemon

For a radiant, glowing skin, simply magnificent. Hesperidin from lemon peel stimulates microcirculation, while a blend of alpha hydroxy acids present in the fruit gently removes dead cells. Finally, the properties of the lemon give the skin a greater tone and perfection.

50 min. € 70,00

GLOBAL ANTI-AGING - Cannonau

This treatment will restore the youthful appearance of your skin, making it firmer and more radiant. The main ingredient is Cannonau grape from Sardinia, which contains up to 3 times the level of Anti-Ageing polyphenols than other grapes. Its extract provides powerful anti-oxidant protection, increases Collagen production and boosts Skin's Youth Protein Sirtuin-1 synthesis.

50 min. € 90,00

ANTI-WRINKLE

Corallo AI3

For a visibly smoother skin and reduced wrinkles. This treatment combines the effectiveness of Hyaluronic Acid at three different molecular weights with an exclusive red coral powder from the Mediterranean Sea. The Triple Hyaluronic Acid instantly hydrates, replumps and helps redensify the skin.

50 min. € 90,00

BODY RITUALS

REVITALISING / TONING

Sardinian scrub

A complete treatment to reawaken the senses, nourish and brighten the skin of your whole body. Made of a delicately balanced combination of rosemary, myrtle, thyme cistus and helichrysum oils, this treatment will enchant you with the seductive fragrances of the Island.

Treatment + toning modelling massage + tasting of verbena, lavender and lemon balm infusion accompanied by a tasting of Sardinian pastries:

70 min. € 110,00

HYDRATING & SOOTHING

Crystal clear sea

Thanks to the action of Mediterranean Algae and sea-minerals, this treatment is combined with a slow, relaxing massage and is perfect for a deep hydration that will soothe and soften your skin, even after exposure to the sun.

Treatment + slow relaxing massage + tasting of mint, lemon balm and liquorice infusion accompanied by a tasting of Sardinian pastries:

70 min. € 110,00

COUPLE RITUALS

MASSAGE 50 MINUTES OF YOUR CHOICE

Couple massage to choose from our proposals, Flûte di Prosecco and 1 hour of Spa

€ 200,00 per couple

MASSAGE 30 MINUTES OF YOUR CHOICE

Couple massage to choose from our proposals, Flûte di Prosecco and 1 hour of Spa

€ 150,00 per couple

BEAUTY SERVICE

A real experience beyond treatments. Skilled movements for purifying and regenerating the skin of your hands and feet, or body hair removing for an extraordinary effect of wellness and beauty.

MANICURE		€ 35,00
PEDICURE		€ 45,00
SEMI-PERMANENT NAIL POLISH		€ 20,00
HAIR REMOVAL	60 min.	€ 75,00
UPPER LIP WAX & EYEBROWS SHAPING AND PLUCKING		€ 10,00
ARMPIT AREA WAX		€ 10,00
ARMS AREA WAX		€ 18,00
BIKINI ZONE WAX		€ 10,00
BRAZILIAN WAX		€ 20,00
HALF LEG WAX		€ 15,00
TOTAL LEG WAX (TOTAL)		€ 25,00
HALF LEG WAX + BIKINI ZONE WAX		€ 20,00
HALF LEG WAX + BRAZILIAN WAX		€ 30,00
TOTAL LEG WAX + BIKINI ZONE WAX		€ 35,00
TOTAL LEG WAX + BRAZILIAN WAX		€ 45,00